
Avalon Health Care Group Board Members

Chief Executive Officer and Chairman of the Board



Mr. Charles R. Kirton co-founded Avalon Health Care, Inc. in 1989. He serves as Chairman and Chief Executive Officer at Avalon Health Care, Inc. and is the majority shareholder. He drives the company's risk analysis and strategic planning. With more than 30 years of experience, his vision and expertise successfully balances the care and corporate responsibilities of this rapidly growing company. He understands the necessity of individualized, community driven care, and is committed to containing regional growth in order to provide the best practice standard of care in the industry. Mr. Kirton has grown Avalon Health Care Group to over 6,000 employees at 79 locations which includes 39 Skilled Nursing facilities in 5 different states, a therapy company, and hospice in 8 states. Over the last 30 years, he has also joint ventured with institutional pharmacies and home health companies, giving the company capability and expertise in serving the continuum of care.

He has studied China's need for senior care which is an outgrowth of China's one-child rule. Over the last ten years, he has met with and counseled Chinese government and private entrepreneurs regarding best international practice for the post-acute continuum of care and how it might be adjusted to the Chinese culture.

Mr. Kirton began his career in health care services in 1981 when he identified the need for improved care facilities in his own community. He co-founded Avalon Health Care's predecessor company, a nursing home and home health agency, serving as its President and Chief Executive Officer. In 1988, he expanded the company's scope of services and facilities, growing into the present company, Avalon Health Care, Inc.

Prior to his involvement in post-acute health care, Mr. Kirton served as President of The Kirton Company, a real estate development company. He was responsible for the development of more than a thousand residential building lots and more than twenty different developments.

In addition to Chairman of the Avalon Board of Directors, Mr. Kirton has been a member of the State of Utah's Community Services Planning Committee, the Gerontology Center Planning Project, and served on the Utah Governor's Task Force on Long-Term Care.

Mr. Kirton has a Bachelor of Arts, Philosophy from University of Utah. He is married with six children and 19 grandchildren.

President & Chief Executive Officer Skilled Nursing Division, Board Director



Mr. Lane Bowen is a Director of the Board of Avalon Health Care, Inc. since 2016. In 2017 he became President and Chief Executive Officer of Skilled Nursing & Rehabilitation at Avalon Health Care, Inc. Mr. Bowen was President and COO of Sava Senior Care, a large provider of health care services including rehabilitation and skilled nursing. Beginning his career as a physical therapist and holding numerous executive positions in health care companies, he has spent more than 35 years working to improve delivery and quality of services in post-acute care.

Prior to joining Sava Senior Care in 2014, from 2005 to 2014, Mr. Bowen was Executive Vice-President and President of the Nursing Center Division of Kindred Healthcare, a national company with annual revenues of \$2.3B. Mr. Bowen served Kindred in several positions, first in 2001 as Senior Vice President of their Southern Region, then the Pacific region. From 2002 to 2005, he was President of its Health Services Division, responsible for over 200 skilled nursing facilities and assisted living facilities.

Mr. Bowen was Executive Vice President and Chief Operating Officer of Life Care Centers of America from 1995 to 2000. From 1991 to 1995, he was Vice President of The Hillhaven Corporation's Specialty Services Group after working for Hillhaven first as Director of Rehabilitation Services (at a subsidiary of Hillhaven), and then as Executive Director of Rehabilitation. He co-owned and served as Vice-President of Physical Therapy Association, Inc., a privately owned physical and occupational therapy business from 1977 to 1985.

He currently serves on the board of the American Health Care Association (AHCA) as Treasurer and also as a member of AHCA's Workforce Committee since 2007. He has served on the boards of organizations such as the National Alzheimer's Association, National Sub-Acute Association, National Association for the Support of Long-Term Care, as well as on the boards of Accelerated Care Plus Medical Advisory Board and Novartis' Provider Segment/Consultant Advisory Board.

Mr. Bowen has presented on topics ranging from management of facility-based rehabilitation programs to therapist recruitment and retention to Medicare coverage and reimbursement. He holds a Bachelors of Science in Physical Therapy from The University of Utah and has physical therapy licenses in Idaho, Utah, Washington and Tennessee.

Executive Vice President & Chief Financial Officer, Board Director



Ms. Anne H. Stuart was named Executive Vice President and Chief Financial Officer at Avalon Health Care Group in 2016 after serving as its Senior Vice President and Chief Financial Officer since 2013. Ms. Stuart has held a variety of executive positions with health care and senior living industry companies over the last 20 years.

Ms. Stuart has supported several health care companies and private equity clients, providing financial expertise in deal structuring, financial projections, financial and accounting processes, development and acquisition analyses, and general corporate finance policies and practices. Prior to her consulting practice, she served as Executive Vice President and Chief Financial Officer at Care One, LLC, a privately held company with a large portfolio of sub-acute, rehabilitative and skilled nursing facilities in fifteen states. She served as the Senior Vice President of Corporate Finance at Sunrise Senior Living, Inc. which at that time was a publicly traded company with over 400 senior living communities in North America and the United Kingdom. She served as Chief Financial Officer and Treasurer of Broadwing Corporation, since January 1999 and served as its Senior Vice President, since June 2000. From 1986 to January 1999, Ms. Stuart served in a variety of accounting, finance and treasury positions with Marriott International, Inc. and as Vice President of Finance in the Senior Living Services division from March 1996 through January 1999. From 1995 to 1996, Ms. Stuart served as Senior Director of Corporate Finance and Corporate Treasurer for the Forum Group, Inc., an operating and real estate holding company. Ms. Stuart served as the Chief Financial Officer and Treasurer for Corvis Corporation, a high-tech, publicly-traded telecommunication company, until its sale to a successor company in 2000. Ms. Stuart was instrumental in taking the Corvis Corporation public in 2000 with a IPO offering totaling \$1.25B.

Ms. Stuart actively serves on a number of local organizations dedicated to economic development, new business enterprises, and the arts. She is a Director of the Board of Avalon Health Care Group.

Ms. Stuart earned an M.B.A. from the University of North Carolina at Chapel Hill and a B.S. in mathematics and applied statistics from Brigham Young University.

Board Director



Mr. H. David Burton has served as a Director of Avalon Health Care, Inc. since 2014. He is a Trustee of the University of Utah and in 2016, was appointed Chairman of that Board. He also served as Chairman of the Utah Transit Authority Board of Trustees. He is currently an emeritus General Authority of the Church of Jesus Christ of Latter-day Saints, having served 17 years as its Presiding Bishop from 1995 to 2012.

For many years, Mr. Burton has been instrumental in developing a more vibrant community for all as the LDS Church's representative for community and civic matters relating to Salt Lake City. His significant projects include the Brigham Young Historic Park, City Creek Center, and the establishment of the TRAX light-rail system. City Creek Center earned accolades across the spectrum, hailed as "an outstanding example of visionary architectural achievement in sustainability and innovative design." As a founding member of the Downtown Alliance, he has helped lead a downtown renaissance over the past several years. He also serves on the Executive Committee of Envision Utah and is a member of the State of Utah's Intergenerational Poverty Committee. He is also a Board member of the University Hospital and on the Executive Committee of the Road Home.

He demonstrated remarkable leadership and vision in the design and construction of the Church's Conference Center, the relocation of the LDS Business College and the establishment of the BYU-Salt Lake City Center. Prior to his leadership of the LDS Church, Mr. Burton served as an Assistant Budget Officer for the Church and Executive Secretary to the Church's Presiding Bishopric. Earlier in his career, he worked for Kennecott Copper Corporation and the Utah State Tax Commission.

Mr. Burton is the recipient of honorary doctorates from the University of Utah and the Salt Lake Community College. He holds a Bachelor of Science, Economics from University of Utah and a Master of Business Administration from University of Michigan.

Mr. Burton is married and has 5 children and 21 grandchildren and 9 great-grandchildren.

Board Director



Mr. Brian C. Swinton has served as a Director of Avalon Health Care, Inc. since March 2007. Brian Swinton has been a senior living industry pioneer and leader for more than 28 years. Starting in 1986, he headed the team that created Marriott's Brighton Gardens, one of the nation's most successful assisted living concepts, while at the same time he headed the sales and marketing efforts for the entire Marriott Senior Living Division—the nation's leading provider of quality tier senior living at the time. He also spearheaded the successful Marriott CCRC prototype, Stratford Court, and was a key executive in the development of life care communities (i.e. The Fairfax, The Quadrangle, The Colonnades), senior condominiums (i.e. The Jefferson), and senior cooperatives (i.e. Maplewood) for Marriott.

Following a successful 7-year stint at Marriott, Mr. Swinton joined The Forum Group team as Senior Vice President in 1993 and again spearheaded the development of another assisted living mainstay, the cottage concept, Hearthside (now Maple Ridge), and successfully headed the sales and marketing, product development and construction aspects of the company resulting in the corporation's sale to Marriott in 1996.

Mr. Swinton joined Sunrise in 1996 as Executive Vice President where he once again headed the sales and marketing efforts, as well as market feasibility, customer and employee satisfaction and product development.

He also headed the innovative Sunrise concept, At Home Assisted Living, currently in major markets around the country. At Sunrise he had direct involvement with the development and marketing of more than 250 properties throughout the United States in 33 states, Canada and England, including more than 140 properties taken from initial identification and acquisition of the land, through construction and pre-marketing to essential stabilized occupancy.

He has served in various industry positions including Chairman of the National Council on Senior's Housing (NCOSH), an affiliate of the National Association of Homebuilders (NAHB). He also served as a director and vice president of the National Association of Senior Living Industries (NASLI), a forerunner to ALFA, and participated in dozens of conferences speaking on a variety of industry topics.

Mr. Swinton has been a lead instructor for the University of Maryland (Baltimore County) Erickson School of Aging Studies. He also served as the Vice Chairman of Australian Senior Living, an organization pioneering free standing Assisted Living in Australia.

For the last ten years, Brian has been a private consultant to the industry with clients ranging from Sunrise Senior Living, The Carlyle Group, Bickford Senior Living (The Eby Group), National HealthCare Corporation (NHC), West Development/Senior Living, West Foundation, Franklin Senior Living, Southern Manor Living Centers, Sun Health Senior Living, and Avalon Health Care.

Mr. Swinton holds a Master's Degree in Business Administration with Distinction from Harvard Business School specializing in Marketing and Real Estate.

Mr. Swinton is married and has 6 children and 22 grandchildren.

Board Director



Mr. Robert D. Woltil serves as a Director of Avalon Health Care, Inc. He served previously as Executive Vice President for Strategic Financial Development and interim Chief Financial Officer at Avalon Health Care, Inc. in 2012. He joined Avalon Health Care, Inc. with more than 30 years of experience in financial management with 24 years focused primarily in finance and accounting. He has worked in a variety of fields including energy, health care, and marketing. Mr. Woltil has dynamic multi-discipline knowledge. In addition, he has his own consulting practice directing restructuring, mergers, acquisitions, and process design and improvements.

This unique combination of skills is evident in Mr. Woltil's professional accomplishments. He served as the Interim Chief Executive Officer of Technology Research Corporation after serving as its CFO and managed the company through its acquisition by Coleman Cable in 2011. At Senior Living Properties, LLC, Mr. Woltil was Chief Restructuring Officer and led that organization through a successful Chapter 11 reorganization. He served for thirteen years with Beverly Enterprises as Executive Vice President and Chief Financial Officer, which was then the largest provider of long-term care services in the United States. From 1992 to 1995 he was the Executive Vice President and Chief Financial Officer, and in 1995 to 1996 he was the President and Chief Executive Office of Pharmacy Corporation of America, which was Beverly's wholly owned pharmacy distribution company. Mr. Woltil served as Chief Financial Officer of the Sun Healthcare Group, Inc., a major provider of post-acute services with operations in six countries.

He has also served as CFO of UltimateJet Charters, Inc. from 2008 to 2010. For Dresser Inc. he served as CFO (2006-2008), Senior VP (since 2006) and Sr. Vice President of Finance and Accounting (2005-2006). As Chief Financial Officer for Dresser, Inc. he was instrumental in its successful sale to three private equity firms.

He is a partner at SFN Professional Services LLC and was a partner with Tatum Partners, LLP since 2005. He was also interim CFO of Catalina Marketing Corporation Inc. from 2004 to 2005.

Mr. Woltil is a certified public accountant (CPA) in Florida and holds a B.A. in Accounting and Finance from the University of South Florida, and an MBA from the University of Florida. He is also a certified Valuation Analyst (CVA). Mr. Woltil taught managerial accounting and controllership at the University of New Mexico.

Board Director



Dr. David E. Dangerfield has been a Director of Avalon Health Care, Inc. since 2007. Dr. Dangerfield was the Chief Executive Officer and President at Avalon Health Care, Inc. from 2007 until 2012. Currently, he is Chief Operating Officer at Nevada Behavioral Health, Inc. (NBH), a management company that holds capitated risk from insurance companies for their behavioral health benefits. He has consulted for behavioral health and long-term care organizations across the nation including as a consultant for the psychiatric services of Avalon Health Care, Inc. and as Senior Advisor to Valley Behavioral Health.

Dr. Dangerfield has had a distinguished career in the field of mental health for over forty years. He has spent his entire career as an advocate, advisor and visionary working to provide greater access, better treatment, hopeful outcomes and more opportunities for those with mental illness. He has developed numerous services that enable people with mental illness to live productive lives in their communities through subsidized housing, skills development, educational opportunities and employment. From 1977 to 2007, Dr. Dangerfield served as Chief Executive Officer for Valley Mental Health Incorporated, a private nonprofit comprehensive mental health center in Salt Lake City, Utah. From 1974-2001, Dr. Dangerfield's consulting practice, Professional Training Associates (PTA) provided training and knowledge to thousands of individuals working in the human services field, enhancing mental health delivery services across the nation.

Dr. Dangerfield's many honors and recognition includes: National Council for Community Behavioral Healthcare Lifetime Achievement Award, Mental Health Association of Utah Comprehensive Service Provider Award, Utah Hospital Association's Distinguished Service Award, Norman S. Anderson Award for Clinical Excellence, UAMI/Mental Health Association's Professional of the Year Award, Rocky Mountain Regional Community Mental Health Center Award for outstanding contributions in Utah, Utah National Social Worker of the Year Award.

Dr. Dangerfield Graduated from the University of Utah in 1972 with a Doctorate of Social Work after receiving his Masters of Social Work from the University in 1967 and his Bachelors of Science, University of Utah in 1965

Dr. Dangerfield is married and has six children and twelve grandchildren.

Board Director



Mr. Carl Tippetts has been a Director of Avalon Health Care, Inc. since March 2007. He founded Pentalon Construction, Inc., in 1993, a company with a long history with multi-family housing, residential and commercial construction and serves as its Chief Executive Officer and President. Mr. Tippetts has over 35 years of construction and development expertise in commercial, multi-unit and residential construction. He specializes in new project development and implementation, project and procedure management and pre-construction services. Pentalon Construction has worked on commercial buildings such as medical, condominium, educational, civil/municipal, office and retail and tenant improvement.

Prior to Pentalon, he gained a comprehensive range of industry experience as a builder, contractor, project superintendent and manager. He maintains General Contractor Licenses in Arizona, Utah, Nevada, Idaho, Oregon, Montana, Washington and Wyoming. He also serves on the Board of Directors for the Associated Builders & Contractors Association, both locally and nationally. He is an instructor of Construction Procedures and Management seminars, has been a guest instructor of Construction Management programs at Brigham Young University, and was appointed by Utah Governor Huntsman as member of the Construction Services Commission.

Mr. Tippetts has a Bachelor of Science Degree from Brigham Young University, 1978. He has completed post graduate work in Business at BYU and is a graduate of the Owner/President/Manager Program, Harvard University, 2000-2003.

Mr. Tippetts is married with 5 children and 10 grandchildren.

Board Director



Ms. Christie Franklin has served on the Board of Directors of Avalon Health Care Inc. since 2016. Ms. Franklin was President/CEO of Bristol Hospice LLC, a subsidiary of Avalon Health Care, Inc., from 2006 until 2015. She was responsible for the operation, planning and development of Bristol Hospice locations. Currently, she serves as Bristol Hospice's Chairman of the Board responsible for the startup and development of Bristol Hospice LLC which includes hospice locations in Salt Lake City, UT, Sacramento, Stockton and Merced CA, Honolulu, HI, and Atlanta GA, the Woodlands and Waxahachie, TX, Clackamas, OR, and Stillwater, OK. Ms. Franklin has more than 25 years of hospice and homecare experience.

Before joining Bristol, she was Vice President of Professional Services, Acquisitions and Start-Up for AseraCare, a wholly owned subsidiary of Beverly Enterprises from 1998-2006. Ms. Franklin's extensive experiences in the development of homecare and hospice operations helped successfully start up 22 new hospices and homecare operations in 11 states in 2004-2006. She coordinated the company's implementation of national Home Health and Hospice locations. Ms. Franklin's other career experience has in the following positions: Vice President of Professional Services and Operational Development, Vice President Performance Improvement and Compliance, Corporate Director of Education and Disease Management, and Regional Vice President.

Ms. Franklin has been an active member of the National Hospice and Palliative Care Organization (NHPCO) serving on its Hospice Action Network Board of Directors, as well as on NHPCO's Governance Committee and as Vice Chair of its Quality and Standards Committee. She also served as Chair of the NHPCO Quality Partners and Outcome Task Force.

She has been deeply involved in the National Association for Home Care and Hospice (NAHC) organization, participating in its Strategic Planning Congress, Proprietary Advisory Board and Hospice Board, as well as co-chairing the Research Committee of NAHC's Medicaid Council for Homecare.

She was a member of the HCAP Advisory Board from 2009 through 2014. She was appointed to the National Quality Forum for Home Health Quality Measures in 2004, and National Quality Forum for Hospice and Palliative Care Framework Review Committee in 2005. In addition, Ms. Franklin is a member of Who's Who in Executives and Professionals for 2002-2003, 2004-2005, and 2006-2007 as well as the HCAP Advisory Board in 2009 and 2010.

Ms. Franklin has published many papers and presentations regarding hospice and homecare. She has a Bachelor of Arts in Health Care Management and received her extensive homecare and hospice operation experience from being a registered nurse for more than twenty years. She has also received Certification for Home/Hospice Care Executives.

Board Director



Hyrum Kirton has served as a Board Director of Avalon Health Care, Inc. since 2017. He currently holds the position of CEO of Bristol Hospice, a company that is designed to promote quality and comprehensive hospice and palliative care services to patients, families and communities.

Mr. Kirton has been instrumental to the growth of Avalon Health Care Inc. over the last decade, having held internal officer positions from 2007 – 2017. In his last position with Avalon, Hyrum provided leadership as the CEO of Brighton Rehabilitation Healthcare Services and Vice President of Procurement. While in this position, he formed a joint venture newco pharmacy and built it to a \$35M revenue which was later sold. His skill at negotiation and ability to assemble teams to implement business strategy ensured vibrant and successful business partnerships within all aspects of Avalon's elderly health care focused operations. He improved the lives of countless patients as he streamlined business processes and implemented programs which made Avalon more efficient in administering care. As VP Procurement at Avalon, Hyrum designed and implemented electronic processes to automate purchases and he negotiated over \$10M in savings with various vendors.

Hyrum holds a Masters of Business Administration, Health Care Management from Western Governors University and a Bachelor's of Science, Information Technology Management. He is married and has four children and currently lives in Salt Lake City.

Board Director



Peter Cooke, retired Major General of the US Army Reserves, joined Avalon Health Care's Board of Directors in 2019. He brings a wealth of experience and knowledge, particularly regarding Veterans services to Avalon. He is the owner of PSC Enterprises which specializes in Public Private Partnerships that emphasize the Veteran community.

Following a 39-year career in the Armed Services, Peter retired as the Commanding General of the 96th Regional Readiness Command where he prepared 10,000 soldiers and civilians for mobilization. The 96th included Colorado, Montana, North and South Dakota, Wyoming, California and Utah, the largest geographical Command in the Army

Reserves. General Cooke was awarded the United States Army Distinguished Service Medal in 2009.

From 2001 to 2009, Peter served on the Armed Reserve Forces Policy Committee (ARFPC), holding the Chair position from 2007-2009. ARFPC reviews and comments on policy matters that directly affect the Reserve Component (RC) of the Army. Through his work with ARFPC, Peter developed close working relationships with the highest-ranking officials in the Pentagon, including the Secretary of the Army.

Peter has been an advocate for veterans' needs, founded Partnership with America and served as Director of the National Center for Veterans Studies. For the DOD he organized the Employer Partnership Initiative, which assists reservists and Veterans in securing jobs after mobilization to war. Presently, he chairs the Reserve Officer Association's (ROA) Pershing Society and is also Chairman of the Board of The American College of National Security Leaders, a think-tank comprised of Generals, Admirals and Ambassadors.

Peter directed the Utah State Economic Industrial Division under Governor Scott Matheson, and was largely responsible for the genesis of what is now the Sundance Film Festival.

As an advocate for affordable housing, Peter has had a successful career supporting housing initiatives at military bases across the West. In 2011, he received a Lifetime Achievement Award from the Utah Apartment Association in 2011.

He has been active in politics, and ran for U.S. Congress in 1978. Most recently, Peter ran for Governor of Utah in 2012.

Peter has both a Bachelor's and Master's degree from USU. He also graduated from the Army War College. He and his wife were the Mission President of the Washington DC North Mission for the Church of Jesus Christ of Latter-day Saints.

Board Director



Sebastian Paquette is a Director of the Board of Avalon Health Care, Inc. since 2019. Mr. Paquette is Director of Healthcare at Solid Rock Group, an investment and advisory firm. Mr. Paquette offers operational and financial experience across the broad spectrum of healthcare subsectors, including health care IT (HCIT), medical devices, therapeutics, provider settings, services, and managed care. Prior to Solid Rock Healthcare, Mr. Paquette founded YouSurgical Technologies, a company focused on medical device supply chain efficiency and Pillar, a company specializing in end-to-end independent physician office restructuring. Mr. Paquette began his healthcare career at Goldman Sachs, where he spent 7 years as a healthcare investment analyst across several subsectors and was the lead HCIT equity analyst. While at Goldman, Mr. Paquette advised healthcare investors and acted as the research arm for several large healthcare M&A, IPO, and equity and debt follow-on transactions.